

FOUNDATIONAL EXPLORATIONS (GENERAL EDUCATION)

Foundational Explorations (FE) is PLNU's designation for General Education (GE) requirements.

Mission Statement

PLNU provides a foundational course of study in the liberal arts informed by the life, death, and resurrection of Jesus Christ. In keeping with the Wesleyan tradition, the curriculum equips students with a broad range of knowledge and skills within and across disciplines to enrich major study, lifelong learning, and vocational service as Christ-like participants in the world's diverse societies and cultures.

Foundational Explorations Learning Outcomes (FELO)

Context #1: Learning, Informed by our Faith in Christ

ILO¹ #1: Students will acquire knowledge of human cultures and the physical and natural world while developing skills and habits that foster life-long learning.

FELO 1a. Written: Students will be able to effectively express ideas and information to others through written communication.

FELO 1b. Oral: Students will be able to effectively express ideas and information to others through oral communication.

FELO 1c. Information Literacy: Students will be able to access and cite information as well as evaluate the logic, validity, and relevance of information from a variety of sources.

FELO 1d. Critical Thinking: Students will be able to examine, critique, and synthesize information in order to arrive at reasoned conclusions.

FELO 1e. Quantitative Reasoning: Students will be able to solve problems that are quantitative in nature.

Context #2: Growing, In a Christ-Centered Faith Community

ILO #2: Students will develop a deeper and more informed understanding of self and others as they negotiate complex environments.

FELO 2a. Students will develop an understanding of self that fosters personal well-being.

FELO 2b. Students will understand and appreciate diverse forms of artistic expression.

FELO 2c. Students will demonstrate an understanding of the complex issues faced by diverse groups in global and/or cross-cultural contexts.

Context #3: Serving, In a Context of Christian Faith

ILO #3: Students will serve locally and/or globally in vocational and social settings.

FELO 3. Students will demonstrate an understanding of Christian Scripture, Tradition, and Ethics, including engagement in acts of devotion and works of mercy.

¹ ILO - Institutional Learning Objective

Committee

The Foundational Explorations Program is approved and sustained by the faculty under direction of the Associate Dean of Foundational Explorations and a faculty committee. The committee directs an on-going cycle of review and improvement based on established goals and objectives.

Prerequisites

Students are required to demonstrate basic competence in mathematics and writing based on standardized test scores. **Any remedial courses, numbered below 1000, taken to satisfy competency requirements, are in addition to the minimum of 128 units required for graduation.**

Divisions and Requirements

The Foundational Explorations curriculum is listed under a four-fold division. This structure provides continuity with the Wesleyan approach to knowledge by emphasizing the human response as foundational to the exploring, developing, and seeking aspects of education. The divisions, although not mutually exclusive or all-encompassing, organize similar themes relevant to faith and learning. Each complements the others and, in each, conscious efforts are made to reveal connections, develop perspectives, and build synthetic thinking skills. These divisions are: Exploring Theology and Philosophy; Exploring History, Society, and the Self; Exploring Science and Technology in Society; and Exploring Arts and Culture.

The specific requirements in Foundational Explorations, as established by the faculty, represent a broad-based experience in ideas, skills, and experiences. The following selection of courses is designed to guide the student toward a liberalizing educational experience in the arts and sciences while allowing for substantial choice in the development of that education.

Required First-Year Courses

| Code | Title | Units |
|---|---|-------|
| PSY 1001 | Psychology of Personal Development - First Year Experience (FE) | 3 |
| Choose one (1) course from the following: | | 2-4 |
| WRI 1010 | College Composition: Writing and Research - First Year Experience (FE) | |
| WRI 1016 | College Composition: Research - First Year Experience (FE) ¹ | |

¹ WRI 1016 is for transfer students who have completed an additional approved WRI course or for students who have transferred in approved AP work.

Foundational Explorations

I. Exploring Theology and Philosophy

The study of Scripture and Christian tradition is essential to Christian faith and practice. Students transferring to the university for the first time with 48 or more units, none of which are in religion, take only five units in this category at Point Loma Nazarene University (three of which must be at the upper-division level).

| Code | Title | Units |
|---|---|----------|
| A. Biblical Foundations | | |
| BIB 1001 | Old Testament History and Religion (FE) | 2 |
| BIB 1002 | New Testament History and Religion (FE) | 3 |
| B. The Christian Tradition | | |
| Choose one (1) course from the following: | | 3 |
| CHU 3040 | Women in the Christian Tradition (FE) | |
| CHU 3095 | The Christian Tradition (FE) | |
| THE 3005 | Christian Faith and the Natural Sciences (FE) | |
| THE 3060 | Christian Life as Vocation (FE) | |
| THE 3070 | Global Christianity (FE) | |
| Total Units | | 8 |

II. Exploring History, Society, and the Self

A pursuit of historical, social, and personal awareness, focusing on the analytical, communication, and quantitative skills necessary for successful living in modern society.

| Code | Title | Units |
|---|---|--------------|
| A. Personal Development | | |
| Choose one (1) course from the following: | | 3 |
| PSY 1001 | Psychology of Personal Development - First Year Experience (FE) (Freshmen) ¹ | |
| PSY 1003 | General Psychology (FE) (All Others) | |
| B. Critical Thinking and Communication | | |
| Choose two (2) courses from the following: ² | | 5-7 |
| COM 1000 | Principles of Human Communication (FE) or COM 2031 Argumentation and Debate (FE) | |
| WRI 1010 | College Composition: Writing and Research - First Year Experience (FE) or WRI 1015 College Composition: Essay - First Year Experience (FE) | |
| WRI 1016 | College Composition: Research - First Year Experience (FE) ³ | |
| C. The History of World Civilizations | | |
| HIS 1010 | World Civilizations I (FE) | 3 |
| HIS 1011 | World Civilizations II (FE) | 3 |
| D. The Social World | | |
| Choose one (1) course from the following: | | 3-4 |
| ECO 1000 | Survey of Economics (FE) | |
| ECO 1001 | Principles of Macroeconomics (FE) | |
| ECO 1002 | Principles of Microeconomics (FE) | |
| POL 1001 | Understanding the Political World (FE) | |
| POL 1065 | U.S. Democracy (FE) | |
| POL 1090 | The Politics of Race, Class, and Gender (FE) | |
| SOC 1001 | Introduction to Sociology (FE) | |
| SOC 2001 | Cultural Anthropology (FE) | |
| SWF 1000 | Living Justly in Contemporary Society (FE) | |
| Total Units | | 17-20 |

¹ Required for all first-time freshmen through age 20 (at the start of the Academic Year) who have taken fewer than 24 transferable units after graduation from high school. This course must be completed by the end of the second semester.

² All students must fulfill the 4-unit composition requirement by the end of their second semester.

³ WRI 1016 is for students who have transferred the first half of the FE writing requirement or received 3 units of AP English Language credit. It is a supplemental 2 unit research course, which fulfills the second half of the FE writing requirement.

III. Exploring Science and Technology in Society

An introduction to the natural and social sciences as tools for exploring the world, with emphasis on collecting and interpreting empirical data for both theoretical and practical purposes.

| Code | Title | Units |
|---|---|-------|
| A. The Natural World | | |
| Choose two (2) courses; one from each group, and at least one with a lab: | | 8 |
| Biological Science | | |
| Choose one (1) course/sequence from the following: | | |
| BIO 1001 | Human Biology and Bioethics (FE) and BIO 1001L and Human Biology and Bioethics Laboratory (FE) | |
| BIO 1002 | Environment and People (FE) | |
| BIO 1003 | Introduction to Biology (FE) and BIO 1003L and Introduction to Biology Laboratory (FE) | |
| BIO 1004 | Biotechnology and Society (FE) | |
| BIO 1005 | Ecology and Conservation (FE) and BIO 1005L and Ecology and Conservation Laboratory (FE) | |
| BIO 1006 | Global Health and Pathogens (FE) | |
| BIO 1030 | Human Anatomy and Physiology I (FE) and BIO 1030L and Human Anatomy and Physiology I Laboratory (FE) | |
| BIO 2010 | Cell Biology and Biochemistry (FE) and BIO 2010L and Cell Biology and Biochemistry Laboratory (FE) | |
| BIO 2011 | Ecological and Evolutionary Systems (FE) and BIO 2011L and Ecological and Evolutionary Systems Laboratory (FE) | |
| Physical Science | | |
| Choose one (1) course/sequence from the following: | | |
| CHE 1001 | Chemistry and Society (FE) | |
| CHE 1002 | Chemistry in our Everyday Lives (FE) and and Chemistry in our Everyday Lives Lab (FE) | |
| CHE 1002L | | |
| CHE 1003 | Introduction to General, Organic, and Biological Chemistry (FE) and and Introduction to General, Organic, and Biological Chemistry Lab (FE) | |
| CHE 1003L | | |
| CHE 1052 | General Chemistry I (FE) and and General Chemistry I Lab (FE) | |
| CHE 1052L | | |
| PHY 1034 | The Physics of Sound and Music (FE) and and The Physics of Sound and Music Lab (FE) | |
| PHY 1034L | | |
| PHY 1044 | General Physics I (FE) and and General Physics I Lab (FE) | |
| PHY 1044L | | |
| PHY 2044 | University Physics I (FE) and and University Physics I Lab (FE) | |
| PHY 2044L | | |

| | | |
|----------|------------------------------------|--|
| PSC 1004 | The Cosmos (FE) | |
| PSC 1014 | Physical Science for Teachers (FE) | |

B. Physical Fitness and Nutrition

Choose one (1) course from the following: 2

| | | |
|----------|-------------------------------|--|
| KIN 1000 | Fitness Through Movement (FE) | |
| KIN 2000 | Optimal Health (FE) | |
| KIN 2030 | Lifestyle as Medicine (FE) | |
| SWF 3015 | Health and Well-Being (FE) | |

Choose one (1) course from the following: 1-2

| | | |
|---|---|--|
| Any one (1) unit activity course ¹ | | |
| KIN 2020 | Team Sports Fundamentals and Strategies (FE) | |
| KIN 2025 | Individual and Dual Sports Fundamentals and Strategies (FE) | |

C. Problem Solving

Choose one (1) course/sequence from the following: 3-4

| | | |
|------------------------------|--|--|
| MTH 1044 | Calculus with Applications (FE) | |
| MTH 1064 and MTH 1064L | Calculus I (FE) and Calculus I Lab (FE) | |
| MTH 1073 | Business Calculus (FE) | |
| MTH 3003 | Problem Solving (FE) | |

Total Units 14-16

¹ Course numbered KIN 1010-KIN 1084. Note: KIN 1070-KIN 1084 are for varsity athletes only.

IV. Exploring Arts and Culture

A survey of human endeavors from a historical, cultural, linguistic, and philosophical perspective, including developing critical appreciation of human expression—both artistic and literary.

| Code | Title | Units |
|------|-------|-------|
|------|-------|-------|

A. The Fine Arts

Choose two (2) courses in distinct areas from the following: 4-5

| | | |
|----------|--------------------------------|--|
| ART 1000 | Introduction to Art (FE) | |
| ART 1002 | Fundamentals of Art (FE) | |
| ART 2000 | History of Art I (FE) | |
| ART 2001 | History of Art II (FE) | |
| MUH 1000 | Introduction to Music (FE) | |
| MUH 1001 | Introduction to Listening (FE) | |
| TRE 1001 | Introduction to Theatre (FE) | |

B. Literature ¹

Lower-Division

| | | |
|----------|-----------------------------|---|
| LIT 2000 | Literature and Culture (FE) | 2 |
|----------|-----------------------------|---|

Upper-Division

Choose one (1) course from the following: 3

| | | |
|----------|--|--|
| LIT 3050 | Diverse Voices of World Literature (FE) | |
| LIT 3051 | Diverse Voices of Cinema (FE) | |
| LIT 3052 | Diverse Voices of American Literature (FE) | |
| LIT 3053 | Diverse Voices of Women Writers (FE) | |

All materials for the following Foundational Explorations (FE) Literature Upper-Division Requirement options are written in foreign language:

| | | |
|----------|-----------------------------|--|
| FRE 3020 | Survey of French Literature | |
|----------|-----------------------------|--|

| | | |
|----------|---|--|
| FRE 3025 | Francophone Literature | |
| SPA 3020 | Mexican American Literature and Culture | |
| SPA 3080 | Genre/Period Studies in Hispanic Literature or Film | |
| SPA 4000 | Peninsular Literature Before 1800 | |
| SPA 4002 | Peninsular Literature Since 1800 | |
| SPA 4037 | Latin American Literature Before 1910 | |
| SPA 4039 | Latin American Literature Since 1910 | |

C. Foreign Language ²

Choose one (1) sequence from the following: ^{3,4} 8

| | | |
|--------------------------|---|--|
| CHN 1001 and CHN 1002 | Elementary Chinese (Mandarin) I (FE) and Elementary Chinese (Mandarin) II (FE) | |
| GER 1001 and GER 1002 | Elementary German I (FE) and Elementary German II (FE) | |
| GRK 2007 and GRK 2008 | Biblical Greek I (FE) and Biblical Greek II (FE) | |
| HEB 2005 and HEB 2006 | Biblical Hebrew I (FE) and Biblical Hebrew II (FE) | |
| FRE 1001 and FRE 1002 | Elementary French I (FE) and Elementary French II (FE) | |
| LAN 1001 and LAN 1002 | Elementary Foreign Language I (FE) and Elementary Foreign Language II (FE) | |
| SPA 1001 and SPA 1002 | Elementary Spanish I (FE) and Elementary Spanish II (FE) | |

D. Philosophy

| | | |
|-------------------------|--|---|
| PHL 2001 or PHL 2011 | Introduction to Philosophy (FE) Ethics (FE) | 3 |
|-------------------------|--|---|

Total Units 20-21

¹ B.S.N. candidates choose between two Literature options or one Literature and one Philosophy.

² A foreign language is not required for B.S.N. candidates.

³ In the same language, all or part of which may be waived by examination or by petition when English is not the student's native language.

⁴ Students who believe they may qualify for a language waiver are advised to make application no later than spring of the sophomore year (or in the semester transfer to PLNU) to avoid possible delay in graduation.