

DIETETICS, B.S.

Program Learning Outcomes

Students who complete the program in Dietetics will be able to:

1. Demonstrate how to locate, interpret, evaluate, and use professional literature to make ethical, evidence-based practice decisions.
2. Use current information technologies to locate and apply evidence-based guidelines and protocols.
3. Apply critical thinking skills.
4. Demonstrate effective and professional oral and written communication and documentation.
5. Describe the governance of nutrition and dietetics practice, such as the Scope of Nutrition and Dietetics Practice and the Code of Ethics for the Profession of Nutrition and Dietetics, and describe interprofessional relationships in various practice settings.
6. Assess the impact of a public policy position on nutrition and dietetics practice.
7. Discuss the impact of health care policy and different health care delivery systems on food and nutrition services.
8. Identify and describe the work of interprofessional teams and the roles of others with whom the registered dietitian nutritionist collaborates in the delivery of food and nutrition services.
9. Demonstrate an understanding of cultural competence/sensitivity.
10. Demonstrate identification with the nutrition and dietetics profession through activities such as participation in professional organizations and defending a position on issues impacting the nutrition and dietetics profession.
11. Demonstrate an understanding of the importance and expectations of a professional in mentoring and precepting others.
12. Use the Nutrition Care Process to make decisions, identify nutrition-related problems, and determine and evaluate nutrition interventions.
13. Develop an educational session or program/educational strategy for a target population.
14. Demonstrate counseling and education methods to facilitate behavior change and enhance wellness for diverse individuals and groups.
15. Explain the processes involved in delivering quality food and nutrition services.
16. Describe basic concepts of nutritional genomics.
17. Apply management theories to the development of programs and services.
18. Evaluate a budget and interpret financial data.
19. Describe the regulation system related to billing and coding, what services are reimbursable by third-party payers, and how reimbursement may be obtained.
20. Apply the principles of human resource management to different situations.
21. Describe safety principles related to food, personnel, and consumers.
22. Analyze data for assessment and evaluate data to be used in decision-making for continuous quality.

Code	Title	Units
Lower-Division Requirements		
ACC 2000	Principles of Accounting for Non-Business Majors	3

BIO 1030 and BIO 1030L	Human Anatomy and Physiology I (GE) and Human Anatomy and Physiology I Lab (GE)	4
BIO 1040 and BIO 1040L	Human Anatomy and Physiology II and Human Anatomy and Physiology II Lab	4
BIO 2010 and BIO 2010L	Cell Biology and Biochemistry (GE) and Cell Biology and Biochemistry Lab (GE)	4
BIO 2020 and BIO 2020L	Microbiology of Infectious Diseases and Microbiology of Infectious Diseases Lab	4
CHE 1052 and CHE 1052L	General Chemistry I (GE) and General Chemistry I Lab (GE)	5
CHE 1053 and CHE 1053L	General Chemistry II and General Chemistry II Lab	4
CHE 2094 and CHE 2094L	Organic Chemistry I and Organic Chemistry I Lab	4
CHD 1050	Human Development	3
MGT 2012	Principles of Management	3
NUT 1010	Fundamentals of Food	2
NUT 2025	Fundamentals of Nutrition	3
PHL 2011	Ethics (GE)	3
SOC 2001	Cultural Anthropology (GE)	3
SWF 1000	Living Justly in Contemporary Society (GE)	3

Upper-Division Requirements

NUT 3000	Quantity Food Production	3
NUT 3003	Cultural Foods	2
NUT 3020	Nutrition Assessment	2
NUT 3030	Community Nutrition	3
NUT 3031	Community Nutrition Practicum	1
NUT 3035	Nutrition Research Through the Life Cycle	3
NUT 3065	Advanced Nutrition	3
NUT 4014	Practices in Nutrition Education and Dietary Counseling	2
NUT 4015	Medical Nutrition Therapy	3
NUT 4017	Medical Nutrition Therapy Practicum	1
NUT 4035	Food Service Management	2
NUT 4055	Food Science	3
NUT 4097	Senior Seminar	2
SWF 3006	Research Basics	3
SWF 3015	Health and Well-Being (GE)	2

Total Units **87**

Recommended:

Code	Title	Units
KIN 3040	Physiology of Exercise	3
MKT 2032	Principles of Marketing	3
NUT 3040	Nutrition in Women's Wellbeing	2

Additional Information

The major in Dietetics requires 130 units to graduate, two (2) more than the minimum 128 units required for most majors at PLNU. Students are encouraged to take one or two courses in the summer to lighten their course loads during the regular semester.

Students interested in becoming a Registered Dietitian should consult:

The Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics
120 South Riverside Plaza, Suite 2190
Chicago IL 60606-6995
Phone: 312-899-5400

Graduates in the Dietetics major will require further training by applying to an AND-accredited internship program in order to complete AND requirements to be a registered dietitian (R.D.). (The Commission on Dietetic Registration will require a minimum of a master's degree to take the credentialing exam for registered dietitians beginning on January 1, 2024.)

Majoring in Dietetics

Graduates in the Dietetics major from PLNU earn a Verification Statement that will allow them to apply to an AND-accredited dietetic internship program, the second step to becoming a Registered Dietitian (R.D.)

To be verified at PLNU, the student must:

- Earn a "C" or better in all courses for the Dietetics major required for the DPD
- Maintain a GPA of 2.800 or higher
- Earn a B.S. degree (official transcripts, including the one that shows an earned bachelor's degree, must be in the DPD file)
- Participate in community service learning activities during the program, as evidenced in the senior portfolio or in a project
- Demonstrate ethical principles and follow AND's Code of Ethics

Students with a Bachelor's Degree from Another University Seeking a Verification Statement

If a student has earned a bachelor's degree from another university, and is seeking a Verification Statement for the Dietetics program, the student may choose one of the two following paths:

1. Apply to PLNU for a Verification Statement in the Dietetics program, with no degree attached (no second bachelor's degree). This pathway requires:
 - a. A bachelor's degree from a college/university in another major
 - b. Official transcripts reviewed by the Director of Dietetics and the undergraduate Director of Admissions
 - c. A minimum 24 units of upper-division Dietetics courses and prerequisites taken at PLNU. (Courses required will be based on previous coursework transferred, and the date that courses were taken)
 - d. Acceptance to PLNU

OR
2. Apply to PLNU for a second Bachelor of Science degree in Dietetics. This pathway requires:
 - a. Official transcripts reviewed by the Director of Dietetics and the undergraduate Director of Admissions
 - b. Coursework and prerequisites required for the Dietetics major
 - c. Coursework to meet all Foundational Explorations requirements at PLNU
 - d. Acceptance to PLNU

International Students Seeking a Verification Statement

If a student is an International Student seeking a Verification Statement in Dietetics from PLNU, the student must apply to the University and submit the following:

1. All documents including high school and college transcripts translated into English and evaluated by an approved credential evaluation service before being sent to the Admissions Office. The student may contact any credential evaluator approved by the National Association of Credential Evaluators (NACES), such as World Education Services, Inc. (WES), Academic Credentials Evaluation Institute, Inc. (ACEI), and Educational Credential Evaluators, Inc. (ECE).
2. English proficiency: A 550 paper based TOEFL or 216 computer based TOEFL.
3. An original notarized copy of an Affidavit of Support (financial statement) submitted by a sponsor or bank, indicating sufficient funds for the educational expenses for one academic year at PLNU. (Point Loma Nazarene is a private university; therefore, tuition is the same for U.S. residents and international students.)
4. Acceptance to PLNU
5. A minimum 24 units of upper-division Dietetics courses and prerequisites at PLNU. (Courses required will be based on previous coursework transferred, and the date that courses were taken.)

To be verified at PLNU, the student must:

- Earn a "C" or better in all core curriculum DPD classes
- Maintain a GPA of 2.800 or higher
- Take at least 24 units of upper-division DPD classes at PLNU
- Demonstrate ethical principles and follow AND's Code of Ethics