

FST - FRESHMAN STUDIES

FST 1000 Freshman Studies Seminar I (1 Unit)

A comprehensive introduction to topics within higher education relevant to beginning college students, designed to equip students for long-term collegiate persistence. In this course, emphasis is placed on study skills, critical thought, vocation exploration, and broadly applicable strategies for academic success.

Letter grade.

Fee: Course fee applies. See "Special Fees" in Financing a PLNU Education.

FST 1001 Freshman Studies Seminar II (2 Units)

A continuation of the study of topics within higher education designed to further develop student capacities toward long-term collegiate persistence. In this course, students will gain additional experience in the areas of study skills, critical thought, vocation exploration, and broadly applicable strategies for academic success.

Letter grade.