

# FOUNDATIONAL EXPLORATIONS (GENERAL EDUCATION)

**Foundational Explorations (FE) is PLNU's designation for General Education (GE) requirements.**

## Mission Statement

PLNU provides a foundational course of study in the liberal arts informed by the life, death, and resurrection of Jesus Christ. In keeping with the Wesleyan tradition, the curriculum equips students with a broad range of knowledge and skills within and across disciplines to enrich major study, lifelong learning, and vocational service as Christ-like participants in the world's diverse societies and cultures.

## Foundational Explorations Learning Outcomes (FELO)

*Context #1: Learning, Informed by our Faith in Christ*

**ILO<sup>1</sup> #1: Students will acquire knowledge of human cultures and the physical and natural world while developing skills and habits that foster life-long learning.**

FELO 1a. Written: Students will be able to effectively express ideas and information to others through written communication.

FELO 1b. Oral: Students will be able to effectively express ideas and information to others through oral communication.

FELO 1c. Information Literacy: Students will be able to access and cite information as well as evaluate the logic, validity, and relevance of information from a variety of sources.

FELO 1d. Critical Thinking: Students will be able to examine, critique, and synthesize information in order to arrive at reasoned conclusions.

FELO 1e. Quantitative Reasoning: Students will be able to solve problems that are quantitative in nature.

*Context #2: Growing, In a Christ-Centered Faith Community*

**ILO #2: Students will develop a deeper and more informed understanding of self and others as they negotiate complex environments.**

FELO 2a. Students will develop an understanding of self that fosters personal well-being.

FELO 2b. Students will understand and appreciate diverse forms of artistic expression.

FELO 2c. Students will demonstrate an understanding of the complex issues faced by diverse groups in global and/or cross-cultural contexts.

*Context #3: Serving, In a Context of Christian Faith*

**ILO #3: Students will serve locally and/or globally in vocational and social settings.**

FELO 3. Students will demonstrate an understanding of Christian Scripture, Tradition, and Ethics, including engagement in acts of devotion and works of mercy.

Foundational Explorations (General Education)

<sup>1</sup> ILO - Institutional Learning Objective

## Committee

The Foundational Explorations Program is approved and sustained by the faculty under direction of the Associate Dean of Foundational Explorations and a faculty committee. The committee directs an ongoing cycle of review and improvement based on established goals and objectives.

## Prerequisites

Students are required to demonstrate basic competence in mathematics and writing based on standardized test scores. **Any remedial courses, numbered below 1000, taken to satisfy competency requirements, are in addition to the minimum of 128 units required for graduation.**

## Divisions and Requirements

The Foundational Explorations curriculum is listed under a four-fold division. This structure provides continuity with the Wesleyan approach to knowledge by emphasizing the human response as foundational to the exploring, developing, and seeking aspects of education. The divisions, although not mutually exclusive or all-encompassing, organize similar themes relevant to faith and learning. Each complements the others and, in each, conscious efforts are made to reveal connections, develop perspectives, and build synthetic thinking skills. These divisions are: Exploring Theology and Philosophy; Exploring History, Society, and the Self; Exploring Science and Technology in Society; and Exploring Arts and Culture.

The specific requirements in Foundational Explorations, as established by the faculty, represent a broad-based experience in ideas, skills, and experiences. The following selection of courses is designed to guide the student toward a liberalizing educational experience in the arts and sciences while allowing for substantial choice in the development of that education.

## Required First-Year Courses

Code	Title	Units
PSY 1001	Psychology of Personal Development - First Year Experience (FE)	3
Choose one (1) course from the following:		2-4
WRI 1010	College Composition: Writing and Research - First Year Experience (FE)	
WRI 1016	College Composition: Research - First Year Experience (FE) <sup>1</sup>	

<sup>1</sup> WRI 1016 is for transfer students who have completed an additional approved WRI course or for students who have transferred in approved AP work.

## Foundational Explorations I. Exploring Theology and Philosophy

The study of Scripture and Christian tradition is essential to Christian faith and practice. Students transferring to the university for the first time with 48 or more units, none of which are in religion, take only five units in this category at Point Loma Nazarene University (three of which must be at the upper-division level).

Code	Title	Units
<b>A. Biblical Foundations</b>		
BIB 1001	Old Testament History and Religion (FE)	2
BIB 1002	New Testament History and Religion (FE)	3
<b>B. The Christian Tradition</b>		
Choose one (1) course from the following:		3
CHU 3040	Women in the Christian Tradition (FE)	
CHU 3095	The Christian Tradition (FE)	
THE 3005	Christian Faith and the Natural Sciences (FE)	
THE 3060	Christian Life as Vocation (FE)	
THE 3070	Global Christianity (FE)	
<b>Total Units</b>		<b>8</b>

## II. Exploring History, Society, and the Self

A pursuit of historical, social, and personal awareness, focusing on the analytical, communication, and quantitative skills necessary for successful living in modern society.

Code	Title	Units
<b>A. Personal Development</b>		
Choose one (1) course from the following:		3
PSY 1001	Psychology of Personal Development - First Year Experience (FE) (Freshmen) <sup>1</sup>	
PSY 1003	General Psychology (FE) (All Others)	
<b>B. Critical Thinking and Communication</b>		
Choose two (2) courses from the following: <sup>2</sup>		5-7
COM 1000	Principles of Human Communication (FE) or COM 2031 Argumentation and Debate (FE)	
WRI 1010	College Composition: Writing and Research - First Year Experience (FE) or WRI 1015 College Composition: Essay - First Year Experience (FE)	
WRI 1016	College Composition: Research - First Year Experience (FE) <sup>3</sup>	
<b>C. The History of World Civilizations</b>		
HIS 1010	World Civilizations I (FE)	3
HIS 1011	World Civilizations II (FE)	3
<b>D. The Social World</b>		
Choose one (1) course from the following:		3-4
ECO 1000	Survey of Economics (FE)	
ECO 1001	Principles of Macroeconomics (FE)	
ECO 1002	Principles of Microeconomics (FE)	
POL 1001	Understanding the Political World (FE)	
POL 1065	U.S. Democracy (FE)	
POL 1090	The Politics of Race, Class, and Gender (FE)	
SOC 1001	Introduction to Sociology (FE)	
SOC 2001	Cultural Anthropology (FE)	
SWF 1000	Living Justly in Contemporary Society (FE)	
<b>Total Units</b>		<b>17-20</b>

<sup>1</sup> Required for all first-time freshmen through age 20 (at the start of the Academic Year) who have taken fewer than 24 transferable units after graduation from high school. This course must be completed by the end of the second semester.

<sup>2</sup> All students must fulfill the 4-unit composition requirement by the end of their second semester.

<sup>3</sup> WRI 1016 is for students who have transferred the first half of the FE writing requirement or received 3 units of AP English Language credit. It is a supplemental 2 unit research course, which fulfills the second half of the FE writing requirement.

## III. Exploring Science and Technology in Society

An introduction to the natural and social sciences as tools for exploring the world, with emphasis on collecting and interpreting empirical data for both theoretical and practical purposes.

Code	Title	Units
<b>A. The Natural World</b>		
Choose two (2) courses; one from each group, and at least one with a lab:		8
Biological Science		
Choose one (1) course/sequence from the following:		
BIO 1001	Human Biology and Bioethics (FE) and BIO 1001L and Human Biology and Bioethics Laboratory (FE)	
BIO 1002	Environment and People (FE)	
BIO 1003	Introduction to Biology (FE) and BIO 1003L and Introduction to Biology Laboratory (FE)	
BIO 1004	Biotechnology and Society (FE)	
BIO 1005	Ecology and Conservation (FE) and BIO 1005L and Ecology and Conservation Laboratory (FE)	
BIO 1006	Global Health and Pathogens (FE)	
BIO 1030	Human Anatomy and Physiology I (FE) and BIO 1030L and Human Anatomy and Physiology I Laboratory (FE)	
BIO 2010	Cell Biology and Biochemistry (FE) and BIO 2010L and Cell Biology and Biochemistry Laboratory (FE)	
BIO 2011	Ecological and Evolutionary Systems (FE) and BIO 2011L and Ecological and Evolutionary Systems Laboratory (FE)	
Physical Science		
Choose one (1) course/sequence from the following:		
CHE 1001	Chemistry and Society (FE)	
CHE 1002	Chemistry in our Everyday Lives (FE) and CHE 1002L and Chemistry in our Everyday Lives Lab (FE)	
CHE 1003	Introduction to General, Organic, and Biological Chemistry (FE) and CHE 1003L and Introduction to General, Organic, and Biological Chemistry Lab (FE)	
CHE 1052	General Chemistry I (FE) and CHE 1052L and General Chemistry I Lab (FE)	
PHY 1034	The Physics of Sound and Music (FE) and PHY 1034L and The Physics of Sound and Music Lab (FE)	
PHY 1044	General Physics I (FE) and PHY 1044L and General Physics I Lab (FE)	
PHY 2044	University Physics I (FE) and PHY 2044L and University Physics I Lab (FE)	

PSC 1004	The Cosmos (FE)	FRE 3025	Francophone Literature
PSC 1014	Physical Science for Teachers (FE)	SPA 3020	Mexican American Literature and Culture
<b>B. Physical Fitness and Nutrition</b>			
Choose one (1) course from the following:	2	SPA 3080	Genre/Period Studies in Hispanic Literature or Film
KIN 1000	Fitness Through Movement (FE)	SPA 4000	Peninsular Literature Before 1800
KIN 2000	Optimal Health (FE)	SPA 4002	Peninsular Literature Since 1800
KIN 2030	Lifestyle as Medicine (FE)	SPA 4037	Latin American Literature Before 1910
SWF 3015	Health and Well-Being (FE)	SPA 4039	Latin American Literature Since 1910
<b>C. Foreign Language</b> <sup>2</sup>			
Choose one (1) sequence from the following:	8	Choose one (1) sequence from the following:	<sup>3,4</sup>
Any one (1) unit activity course <sup>1</sup>		CHN 1001 and CHN 1002	Elementary Chinese (Mandarin) I (FE) and Elementary Chinese (Mandarin) II (FE)
KIN 2020	Team Sports Fundamentals and Strategies (FE)	GER 1001 and GER 1002	Elementary German I (FE) and Elementary German II (FE)
KIN 2025	Individual and Dual Sports Fundamentals and Strategies (FE)	GRK 2007 and GRK 2008	Biblical Greek I (FE) and Biblical Greek II (FE)
<b>C. Problem Solving</b>			
Choose one (1) course/sequence from the following:	3-4	HEB 2005 and HEB 2006	Biblical Hebrew I (FE) and Biblical Hebrew II (FE)
MTH 1044	Calculus with Applications (FE)	FRE 1001 and FRE 1002	Elementary French I (FE) and Elementary French II (FE)
MTH 1064 and MTH 1064L	Calculus I (FE) and Calculus I Lab (FE)	LAN 1001 and LAN 1002	Elementary Foreign Language I (FE) and Elementary Foreign Language II (FE)
MTH 1073	Business Calculus (FE)	SPA 1001 and SPA 1002	Elementary Spanish I (FE) and Elementary Spanish II (FE)
MTH 3003	Problem Solving (FE)		
<b>Total Units</b>	<b>14-16</b>		

<sup>1</sup> Course numbered KIN 1010-KIN 1084. Note: KIN 1070-KIN 1084 are for varsity athletes only.

## IV. Exploring Arts and Culture

A survey of human endeavors from a historical, cultural, linguistic, and philosophical perspective, including developing critical appreciation of human expression-both artistic and literary.

Code	Title	Units
<b>A. The Fine Arts</b>		
Choose two (2) courses in distinct areas from the following:	4-5	
ART 1000	Introduction to Art (FE)	
ART 1002	Fundamentals of Art (FE)	
ART 2000	History of Art I (FE)	
ART 2001	History of Art II (FE)	
MUH 1000	Introduction to Music (FE)	
MUH 1001	Introduction to Listening (FE)	
TRE 1001	Introduction to Theatre (FE)	
<b>B. Literature</b> <sup>1</sup>		
Lower-Division		
LIT 2000	Literature and Culture (FE)	2
Upper-Division		
Choose one (1) course from the following:	3	
LIT 3050	Diverse Voices of World Literature (FE)	
LIT 3051	Diverse Voices of Cinema (FE)	
LIT 3052	Diverse Voices of American Literature (FE)	
LIT 3053	Diverse Voices of Women Writers (FE)	
All materials for the following Foundational Explorations (FE) Literature Upper-Division Requirement options are written in foreign language:		
FRE 3020	Survey of French Literature	

## D. Philosophy

PHL 2001	Introduction to Philosophy (FE)	3
or PHL 2011	Ethics (FE)	

**Total Units** **20-21**

<sup>1</sup> B.S.N. candidates choose between two Literature options or one Literature and one Philosophy.

<sup>2</sup> A foreign language is not required for B.S.N. candidates.

<sup>3</sup> In the same language, all or part of which may be waived by examination or by petition when English is not the student's native language.

<sup>4</sup> Students who believe they may qualify for a language waiver are advised to make application no later than spring of the sophomore year (or in the semester transfer to PLNU) to avoid possible delay in graduation.