

SPIRITUAL FORMATION CERTIFICATE

Purpose: The Spiritual Formation Certificate is designed to help students engage in spiritual formation practices that help them grow in love of God, neighbor, and self.

Objectives:

- To develop a theological framework for spiritual formation.
- To understand inward, outward, and corporate spiritual formation practices.
- To gain an appreciation for setting boundaries and self-care.

Students are to complete nine (9) academic units from the course requirements listed below, and engage in 20 hours of approved leadership sponsored experiences offered by the Office of Student Life and Formation.

Code	Title	Units
Required Courses		
CMI 1055	Christian Formation and Ministry	3
CMI 3025	Christian Care of Souls	3
Choose one (1) course from the following:		3-4
BIB 2040	Reading Scripture Faithfully	
PSY 3030	Moral Psychology and Cultural Values	
PSY 4010	Issues in Psychotherapy-Theology Integration	
PSY 4020	Pursuing Goodness: The Science of Moral Change (Senior Capstone)	
SOC 3020	Social Psychology	
THE 3025	The Human Person and Theology and Psychology	
Complete 20 hours of approved spiritual development experiences ¹		
Total Units		9-10

¹ Through Office of Student Life and Formation.

- Leading a D Group or Alpha Group
- Participating in a Spiritual Mentoring
- Take CMI 4050 to cover 20 hours of experience