

SCHOOL OF NURSING

Mission Statement

The School of Nursing at Point Loma Nazarene University exists to support the university Wesleyan mission and to provide an interdisciplinary learning program of excellence. Graduates of the School of Nursing are distinctly identified by grace, truth, and holiness, serving others after the example of Christ, as they are sent to fulfill their calling as professional nurses.

So He got up from the meal, took off His outer clothing, and wrapped a towel around his waist. After that, He poured water into a basin and began to wash His disciple's feet, drying them with a towel that was wrapped around Him.

John 13:4-5 NIV

Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you.

John 13:14-15 NIV

Vision Statement

The School of Nursing at Point Loma Nazarene University embraces, as a covenant, the commitment to excellence within a dynamic Christian environment in which each one will engage in the sacred work of nursing. This sacred work involves symbolically removing one's shoes in service of others.

Take off your sandals for the place you are standing is holy ground.

Exodus 3:5 NIV

Purposes

- To prepare competent, responsible practitioners who are committed to service and leadership as professional nurses;
- To equip graduates with the skills to function at an entry level of professional practice in a wide variety of health care settings;
- To expose students to the dynamic changes occurring in health care today to better prepare them for the changing careers of the future.

Tradition of Excellence

The nursing program at Point Loma Nazarene University (PLNU) is highly respected in the San Diego community and around the world. Classes provide for individualized attention by caring faculty who are dedicated to the academic and clinical success of each student. The Nursing program is rigorous and as such there is a grade requirement of at least "C" for all pre-requisite, co-requisite and Nursing course requirements (excluding NSG 1050 which requires a minimum grade of "B"). The faculty who are professionally qualified focus on effective teaching, and seriously take their call to be Christian role models and mentors. The School of Nursing (SON) is approved by the California Board of Registered Nursing and nationally accredited by the Commission on Collegiate Nursing Education. Graduates are thus eligible to take the NCLEX-RN licensure exam and apply for public health nursing certification upon graduation. This accredited program provides preparation for graduate study.

Career Opportunities

The program is designed around five program values: caring faithfully, leading faithfully, communicating faithfully, following faithfully and inquiring faithfully. Nursing majors complete a rigorous program of clinical and theory courses that prepare them for the role of the registered

nurse. The compassionate attitudes and excellent preparation of PLNU nurses make them highly sought after by San Diego County health care agencies.

Admission Requirements

Students are admitted as freshman to pre-nursing status and must successfully complete the required prerequisite courses to be considered for the nursing major. Transfer students must have all prerequisite courses and Microbiology completed at the time of application to the B.S.N. program. Students are selected for admission to the sophomore class annually for the fall semester. Selection is based on GPA at PLNU, cumulative GPA, strength of application, letter of recommendation, completion of pre-requisite classes, as well as additional criteria. A minimum overall 3.000 college/university GPA is required on a four-point grade scale. LVNs licensed in the State of California are accepted into the program with advanced standing based upon completion of special LVN admission criteria, on a space available basis. Being a PLNU student and meeting the eligibility requirements does not guarantee admission into the nursing program as admission is competitive and space in nursing courses are limited. If a student is not selected, the student may re-apply for the following academic year.

A minimum of C or better must be earned by pre-nursing and nursing students for all co/pre-requisite and nursing courses. Students are allotted one repeat (i.e. earned grade less than C) of a co/pre-requisite or nursing course. Upon the need for a second repeat of any co/pre-requisite or nursing course the student will be disqualified for application in the Nursing major or unable to progress in the nursing program.

PLNU does not offer an accelerated nursing program.

For further information:

- <http://www.pointloma.edu/nursing> (<http://www.pointloma.edu/nursing/>)
- (Office) 619-849-7803 or (email) nursing@pointloma.edu

Eligibility Requirements

Students are eligible to be considered for the Point Loma Nazarene University Nursing Program when the following minimum requirements are met:

- Acceptance to PLNU as a Pre-Nursing Major.
- Submission of an application for the nursing program. Deadline is February 15.
- Cumulative Grade Point Average (GPA) of 3.000 or better on a four-point scale.
- Completion of NSG 1050 with a minimum grade of "B"
 - Caring Faithfully; Intro to Nursing (2 semester units - PLNU pre-nursing students only); transfer students will take concurrent with NSG 2050/NSG 2051
- Completion of the following prerequisites (or equivalents) with a minimum grade of "C" (2.000) in each:
 - Inorganic and Organic/Biology Chemistry (4 semester units - with labs);
 - Human Anatomy and Physiology (8 semester units - with labs);
 - General Psychology or Personal Identity (3 or 4 semester units);
 - Math equivalent determined by PLNU math placement test or achievement on SAT;

- Human Development (3 semester units) strongly recommended prior to NSG 2050 ;
- Nutrition (3 semester units); strongly recommended prior to NSG 2050 ;
- A student may be considered with a repeat of one pre-requisite course (to achieve the minimum grade);
- Transfer students must have all pre-requisite courses and Microbiology completed at the time of application to the BSN program.
- For PLNU first-time freshmen pre-nursing majors, BIO 1030 , BIO 1040 and CHE 1003 are required to be taken at PLNU and will not be accepted in transfer except for elective credit. Priority consideration for admission to the nursing major is given to PLNU pre-nursing students who have completed prerequisite sciences at PLNU.
- Successful completion of a drug screen test and background check.
- Submission of documentation for requirements per clinical sites (e.g., vaccinations, TB screening, etc.)

Selection Process

The School of Nursing is not a direct-entry program. Eligible students are selected for admission to the nursing program by the School of Nursing Selection Committee. Selection is made on the basis of several criteria that may include, but is not limited to cumulative GPA, quality of entire application, letter of recommendation, units at PLNU, etc. Being a PLNU student and meeting the eligibility requirements **does not** guarantee admission into the nursing program as admission is competitive and clinical space in nursing courses is limited. If a student is not selected, the student may re-apply for the following academic year.

The Selection Committee may require an interview.

Health Status

Once accepted into BSN program:

- Students must provide evidence that they are physically and emotionally able to perform the duties required.
- A physical examination documented by a health care provider is required for matriculation in the SON. The examination includes current immunizations (e.g., COVID, Tdap, MMR, etc.) and tests as required by the San Diego Nursing Education Consortium.
- Tuberculin testing is required annually during the program.
- An annual influenza vaccine is required.
- American Heart Association (AHA) Basic Life Support (BLS) certification/renewal is required every 2 years, and must be valid through May.

Background Check

Per agreement with the San Diego Nursing Service Education Consortium and affiliated hospitals, a background check and drug screen will be required prior to your first clinical experience and at other times throughout the program. If a flag occurs from either your background check or drug screening, this may result in immediate dismissal from the Point Loma Nazarene University BSN program.

Other Provisions

- Clinical facilities have a wide geographical distribution. Students are responsible for providing their own transportation to fulfill clinical

requirements. This also requires a valid driver's license and proof of auto insurance.

- A program fee will be assessed every semester to Sophomore, Junior, and Senior Nursing students.
- Students are required to purchase uniforms, watch with second hand, sphygmomanometer (adult blood pressure cuff), stethoscope, pen light and scissors, and other equipment as necessary.
- Students should be aware that the B.S.N. program is a full three years in length upon completion of prerequisite courses. Those with transfer credits will still need three years of Nursing courses to complete the degree.
- Upon acceptance to the nursing program, a current American Heart Association (AHA) Basic Life Support (BLS) certification is mandatory for all Nursing majors in order to participate in clinical coursework. Cards from any agency other than AHA (e.g. American Red Cross or BART) are **not** acceptable.

Faculty

Dean - Michelle Federe Riingen, DNP, RN, CNS-BC, PHN

Mary Adams, PhD, RN
Loyola University Chicago

Angelica Almonte, PhD, RN
University of San Diego

Carrie Black, RN, MSN, PHN
Program Director, RN-BSN
University of Phoenix

Heather Garcia, MSN, RN, CNS, CPN
Point Loma Nazarene University

Son Chae Kim, PhD, RN
Associate Dean, Graduate Programs
University of San Diego

Larry Rankin, PhD, RN, CNE
University of Michigan

Michelle Federe Riingen, DNP, RN, CNS-BC, PHN
Case Western Reserve University

Monique Sawyer, DNP, RN, PMHNP-BC
Associate Dean-Traditional Undergraduate Program
Arizona State University

Molly Sperry, DNP, RN, CNE, CPN
American Sentinel University

Gary Wyer, MSN, MBA, RN
Grand Canyon University

To view requirements for majors, minors, and certificates, see the Degree Program Information (<https://pointloma-public.courseleaf.com/prior-catalogs/2022-2023/tug-catalog/degree-program-information/>) page.

- Traditional Undergraduate Nursing (<https://pointloma-public.courseleaf.com/prior-catalogs/2022-2023/tug-catalog/colleges-schools-departments/son/tug-nursing/>)
- Nursing, B.S.N. (<https://pointloma-public.courseleaf.com/prior-catalogs/2022-2023/tug-catalog/colleges-schools-departments/son/tug-nursing/nursing-bsn/>)

Nursing

NSG 1050 Caring Faithfully: An Introduction to Nursing (2 Units)

The role of the nurse is introduced within the context of Christian service and caring. Major nursing concepts include: therapeutic communication, clinical practice (i.e. California Nurse Practice Act), nursing as a vocational calling and service to others.

Prerequisite(s): Minimum grade of "C" in BIO 1030 and CHE 1003 and CHE 1003L.

Corequisite(s): BIO 1040, NSG 2050 (for transfer students)
Minimum grade of "B" required.

NSG 2046 Transition to Nursing (2 Units)

Transition course for advanced placement of the Licensed Vocational Nurse (LVN) into the professional nursing role. Introduction and application of scholarly writing in nursing is emphasized. Professional nursing perspectives including holistic care, historical, social, and political aspects will be explored.

Prerequisite(s): California LVN licensure and completion of national advanced placement exam(s) and acceptance into the Nursing major.

Corequisite(s): NSG 4041

NSG 2050 Nursing of Individuals: Adult Health I (3 Units)

The nursing process is studied and applied. Major concepts in nursing theory are considered and illustrated in the areas of basic needs, acute, and chronic illness, rehabilitation, and the aging process. Examination of clients emphasizing skills in history taking, physical, psychological, cultural, and spiritual assessments.

Prerequisite(s): Admission to the Nursing program and NSG 1050.

Corequisite(s): BIO 2020

Concurrent: NSG 2051; NSG 1050 (for transfer students)

NSG 2051 Nursing of Individuals: Clinical Practicum I (3 Units)

Includes application of nursing theory to practice in major areas of nursing in a variety of hospitals and health agencies within the San Diego community. Learning laboratory experiences are provided concomitantly to increase competency in nursing practice.

Credit/No Credit.

Concurrent: NSG 2050

NSG 2055 Changing Minds, Changing Lives (1 Unit)

The development of resilience is studied and applied. Evidence-based concepts exploring strategies important in adapting to adversity using a strengths based model are explored and employed.

Concurrent: NSG 2050 and NSG 2051

NSG 2060 Nursing of Individuals: Adult Health II (4 Units)

The nursing process is applied to adults with a variety of health care problems. Emphasis is placed on the teaching/ learning process with comprehensive application to client care.

Prerequisite(s): BIO 2020, NSG 2050, and NSG 2051

Corequisite(s): CHD 1050 (or NSG 4042) and NUT 2025

Concurrent: NSG 2061 and NSG 2070

NSG 2061 Nursing of Individuals: Clinical Practicum II (3 Units)

Includes application of nursing theory to practice in major areas of nursing in a variety of hospitals and health agencies within the San Diego community. Learning laboratory experiences are provided concomitantly to increase competency in nursing practice.

Credit/No Credit.

Concurrent: NSG 2060

NSG 2070 Pharmacology in Nursing (2 Units)

Comprehensive examination of basic theoretical foundations for drug therapy by exploring the pharmacodynamics of commonly used drugs along with the nursing implications and interventions necessary for safe therapy.

Prerequisite(s): Sophomore standing in Nursing.

Concurrent: NSG 2060 or consent of instructor.

NSG 3000 Health Assessment (1 Unit)

Comprehensive approach to examining the client and the family, focusing on developing knowledge and skills in history taking, assessments and ability to communicate this information appropriately. Assessments include physical, psychosocial, cultural, and spiritual.

Concurrent: NSG 3001 and consent of instructor.

NSG 3001 Health Assessment Clinical (1 Unit)

Application of physical, psychological, cultural, and spiritual assessments of the individual and the family.

A clinical course which includes laboratory activities and independent practice. Credit/No Credit.

Prerequisite(s): Advanced placement and consent of instructor.

Concurrent: NSG 3000

NSG 3010 Nursing of Families: Child/Adolescent Focus (2 Units)

Focuses on nursing theory as it relates to families with children who have alterations in their health status.

Prerequisite(s): CHD 1050 and Junior standing in Nursing program.

Concurrent: NSG 3011

NSG 3011 Nursing of Families: Child/Adolescent Clinical Practicum (2.5 Units)

Consists of opportunities for application of nursing theory and child development as it relates to the child, adolescent clients and their families.

Credit/No Credit.

Concurrent: NSG 3010

NSG 3030 Nursing of Families: The Childbearing Process (2 Units)

Focuses on nursing theory as it relates to families in the childbearing years.

Prerequisite(s): Junior standing in Nursing program.

Concurrent: NSG 3031

NSG 3031 Nursing of Families: Childbearing Process Clinical Practicum (2.5 Units)

Consists of opportunities for application of nursing theory as it relates to families throughout pregnancy, labor, delivery, and the postpartum period, including the care of the new born.

Credit/No Credit.

Concurrent: NSG 3030

NSG 3040 Nursing of Families: Adult Health III (2 Units)

Focuses on nursing theory in the care of clients who have complex health alterations and includes collaboration with their families. Advanced concepts of adult health and critical care nursing are the basis for the course.

Prerequisite(s): Junior standing in Nursing program.

Concurrent: NSG 3041

NSG 3041 Nursing of Families: Adult Health III Clinical Practicum (3 Units)

Nursing process is applied to adults experiencing multi-system failure. Emphasis is placed on assessment of individual and family needs in critical illness.

Credit/No Credit.

Concurrent: NSG 3040

NSG 3045 Transition to Professional Nursing (3 Units)

Transitional course for advanced placement of the Associate Degree Nurse (ADN) into the professional nursing role. Nursing concepts such as holistic care and adaptation will be emphasized along with analysis of contemporary issues and trends. Professional nursing perspectives of health care ethics, theories, historical, social, and political aspects will be explored. Examination of clients emphasizing skills in health history, physical, psychosocial, cultural, environmental, and spiritual assessment.

Prerequisite(s): California RN licensure and acceptance into the Nursing major.

NSG 3055 Mindful Self-Compassion (1 Unit)

The Mindful Self-Compassion (MSC) course focuses on building the resources of mindfulness and self-compassion to promote psychological well-being and build resilience capacity in healthcare providers. Providing care to individuals living with physical, emotional, psychological, spiritual illnesses can be challenging physically, emotionally, and psychologically for the care provider. MSC offers care providers a holistic mechanism to maintain their own health and wellness.

NSG 3095 Clinical Nursing Internship (1-3 Units)

Opportunity to gain clinical experience at a designated student nurse level in selected health care agencies, working as an employee under direct supervision of designated preceptor. Twelve to sixteen hours of experience per week. Seminars with faculty member are required. Any combination of the above levels not to exceed a total of nine units. New internships are considered for summer (between junior and senior year). A student in good standing (GPA > 3.00) may apply for summer session only.

Credit/No Credit.

Prerequisite(s): Satisfactory standing in the Nursing program. A cumulative GPA of 3.000 is required for enrollment. Consent of junior team Nursing faculty.

"C" Designation is for California Internships. "E" Designation is for Out of State Internships.

NSG 3099 Nursing Research (2 Units)

A study of activities and processes involved in investigating a selected nursing problem. Includes individual or small group work in the use of beginning level research methods. Quantitative and qualitative methods are examined.

Prerequisite(s): MTH 2003, WRI 1010 (or WRI 1015 /WRI 1016), and Junior standing in Nursing program.

Concurrent: NSG 3040 and NSG 3041

NSG 4041 Topics in Nursing (1-3 Units)

Offers concentrations of study in selected areas of nursing practice. Topics include a theory component and may include a clinical component.

May be repeated up to a total of nine (9) units.

Prerequisite(s): Consent of instructor.

NSG 4042 Health Promotion in Adult Development (2 Units)

Explores development of the individual from early adulthood to death. Biophysical and psychosocial issues are explored as they apply to early adulthood, middle adulthood and old age. Specific developmental tasks are identified in each age group. Gender role development is also explored. Ethical, social, spiritual, and moral issues are introduced as they apply to the aging process. All of these topics are discussed within the framework of professional nursing practice, and health promotion.

Prerequisite(s): Child Development (3 units of transfer credits)

NSG 4046 Health of Women in a Multicultural World (WS) (3 Units)

Explores the relationship between society, culture, environment, the health of women, and the health care services of women. The approach is global or international in perspective. Participants are expected to research their own cultural heritage and describe what impact this heritage has on personal health expectations and use of health care in American Society.

NSG 4047 Family Violence (3 Units)

Examines the incidence of a broad range of abuse and neglect in society. The course covers both physical and sexual abuse as well as neglect of children from birth to adolescence, date rape, spousal abuse, and abuse of elderly. This course examines causes, assessment criteria, current treatment approaches, requirement for reporting, and long-term effects on children, families, and society.

NSG 4050 Nursing of Communities: Mental Health Focus (3 Units)

Focuses on the holistic understanding of the sociocultural, psychological, and situational aspects of life that impact the mental health of families and communities. Health and illness are seen from a complex, multidimensional, meaning-centered, and critical perspective with an emphasis on the promotion of mental health and wellness. Includes perspectives on group dynamics and socio-political systems as they impact mental health.

Prerequisite(s): Senior standing in Nursing program and PSY 3021

Concurrent: NSG 4051, NSG 4060, and NSG 4061

NSG 4051 Nursing of Communities: Mental Health Clinical Practicum (2 Units)

Application of a unique clinical process based upon a critical synthesis of concepts from nursing and social sciences. Emphasis is on delivering care to communities and groups with a focus on wellness and mental health promotion. Students apply theory in both inpatient and community agencies.

Credit/No Credit.

Concurrent: NSG 4050, NSG 4060, and NSG 4061

NSG 4060 Nursing of Communities: Community Health Focus (3 Units)

The focus is on the health of populations with emphasis on epidemiology, health promotion, health protection, disease prevention, health policy, health care delivery systems, and cultural competency. A community assessment and community teaching project is required.

Prerequisite(s): Senior standing in Nursing program and completion of SOC 3060

Concurrent: NSG 4050, NSG 4051, and NSG 4061

NSG 4061 Nursing of Communities: Community Health Focus Clinical Practicum (1 Unit)

Application of the nursing process to individuals, families, and communities using the concepts studied in NSG 4060 Community Health Focus. Students work with families in a variety of community based settings including a health department.

Credit/No Credit.

Concurrent: NSG 4060

NSG 4070 Leading Faithfully: A Synthesis and Transition to Professional Nursing Practice (3 Units)

Nursing theory as it is related to trends and issues in healthcare management including analysis and synthesis of the professional nurse role. Focus is on leadership theories and styles within multiple healthcare environments. Content includes nursing theory as it relates to leadership/management principles, career development, communication, leading change, problem solving/decision making, coordinating client care, conflict management, interdisciplinary team approaches, cultural diversity, managing personal and organizational resources, legal, ethical and political influences on transition to the professional nurse role.

Prerequisite(s): Senior standing in Nursing program.

Corequisite(s): NSG 4080 and NSG 4081

NSG 4080 Nursing Capstone: Transitions to Practice (1 Unit)

The exploration and analysis of milestones, concepts, and issues associated with transitioning from the role of student nurse to professional nurse.

Prerequisite(s): Senior standing in Nursing program.

Corequisite(s): NSG 4070 and NSG 4081

NSG 4081 Nursing Capstone Practicum (3 Units)

Application of nursing skills in client care settings with opportunity to provide nursing care to persons with complex health problems. Emphasis is on critical thinking, clinical decision making, and independent judgment in areas of client nursing care as well as management of nursing services. Includes collaboration with health team member and implementation of organizational skills.

Corequisite(s): NSG 4070 and NSG 4080

NSG 4090 Special Studies in Nursing (1-2 Units)

Concentrated study and experience in a selected area of nursing not otherwise available to nursing majors in the program. The student prepares, in consultation with the course coordinator, an appropriate design for the study, taking into consideration interest, relevancy to nursing, and availability of resources.

May be repeated up to a total of six (6) units.

Prerequisite(s): NSG 2060, NSG 2061, and NSG 2070; GPA of 3.000 in Nursing program, and consent of instructor.

NSG 4091 Directed Clinical Studies in Nursing (1-3 Units)

Concentrated clinical experience in a selected area of nursing not otherwise available. The student prepares, in consultation with the course coordinator, an appropriate design for the study, taking into consideration interest, relevancy to nursing, and availability of resources.

May be repeated up to a total of six (6) units. Credit/No Credit.

Prerequisite(s): Senior standing in Nursing program and consent of instructor. A cumulative GPA of 3.000 is required for enrollment.

NSG 4095 Internship in Clinical Nursing (1-3 Units)

See NSG 3095 for description.

Prerequisite(s): Senior standing in Nursing program. Consent of junior or senior team Nursing faculty. A cumulative GPA of 3.000 is required for enrollment. Application must be made by March 15 for summer and fall registration, and by October 15 for spring registration.

"C" Designation is for California Internships. "E" Designation is for Out of State Internships.