

NUTRITION MINOR

The minor in Nutrition is for students interested in the field of nutrition and well-being. The program consists of a foundation in food, nutrition and disease prevention as it relates to one's health.

Code	Title	Units
Lower-Division Requirements		
NUT 1010	Fundamentals of Food	2
CHD 1050	Human Development	3
NUT 2025	Fundamentals of Nutrition	3
Upper-Division Requirements		
NUT 3000	Quantity Food Production	3
NUT 3003	Cultural Foods	2
NUT 3030	Community Nutrition	3
NUT 3040	Nutrition in Women's Wellbeing	2
Choose one (1) course from the following:		2-3
SWF 3015	Health and Well-Being (FE)	
NUT 4014	Practices in Nutrition Education and Dietary Counseling	
NUT 4025	Child and Adolescent Nutrition and Health	
Total Units		20-21