

PSY - PSYCHOLOGY

PSY 6001 Issues in Psychotherapy-Theology Integration (3 Units)

This foundational course clarifies key issues in human nature and prepares the student for developing a world-view that is consistent with their theological and spiritual orientation.

Letter grade.

Prerequisite(s): PSY 1003, PSY 3021, PSY 3008

PSY 6004 Professional Community Development (0 Units)

This course provides students with a forum for discussion of various topics that support novice therapist development.

This course must be taken two (2) times within the first three (3) semesters of enrollment. Credit/No Credit.

PSY 6008 Lifespan Development (3 Units)

The study of developmental issues and life events from infancy to old age and the effect of age upon cognitive, affective, personality and moral development. Attention is given to cultural, gender, and spiritual influences on development.

Letter grade.

PSY 6009 Multicultural Theories and Development (3 Units)

The study of social and cultural foundations of the behavior of individuals, families, and diverse groups, including contextual factors affecting treatment (poverty, resilience, stress, divorce, family systems, etc.). Exploration of how therapeutic interventions impact culturally distinct populations.

Letter grade.

PSY 6011 Professional Ethics and Law (3 Units)

Professional ethics and laws that apply to the counseling profession are identified and discussed. These include ethical, legal, and biblical standards for conduct, professional organizations, licensure, and developing a plan for lifelong professional and personal development with integrity.

Letter grade.

PSY 6021 Psychodiagnostics and Mental Disorder Treatment (3 Units)

Principles of etiology, diagnosis, treatment, and prevention of mental disorders are explored through the lens of the Diagnostic and Statistical Manual of Mental Disorders (DSM5).

Letter grade.

PSY 6022 Clinical Skills (3 Units)

This course introduces the student to attending skills, clinical interviewing skills, and use of self in the clinical encounter. It has an emphasis on knowledge, access, and use of self to foster clinical judgment and guide intervention.

Credit/No Credit.

PSY 6025 Counseling Theories and Faith Integration I (3 Units)

Major counseling theories and techniques are examined and applied in the context of the helping relationship.

Letter grade.

PSY 6026 Counseling Theories and Faith Integration II (3 Units)

Continuing exploration of psychological therapies and techniques with emphasis on the adoption of a theoretical orientation for explaining the etiology and treatment of various mental disorders.

Letter grade.

Prerequisite(s): PSY 6025

PSY 6027 Treatment of Children and Adolescents (3 Units)

The components of effective child psychotherapy are examined.

Emphasis is placed on the process of diagnosis, understanding the systemic nature of child pathology, and evidence based practices for treatment.

Letter grade.

PSY 6028 Abuse Assessment and Reporting (3 Units)

Examines legal, ethical, and clinical aspects of child and elder abuse reporting, such as mandatory methods of identifying victims, prevention and intervention, and treatment techniques.

Letter grade.

PSY 6029 Marriage and Family Therapy (3 Units)

This course is an overview of current family systems theories and intervention techniques. Emphasis is placed on clinical application with case presentations.

Letter grade.

PSY 6030 Treatment of Older Adults (3 Units)

A specialized course for students who wish to work with the rapidly expanding elderly segment of society. Focus is on the application of assessment and intervention techniques for older adults and their families.

Letter grade.

PSY 6031 Couples Therapy (3 Units)

This course is an overview of prominent theories and techniques to treat couples. Emphasis is placed on clinical application.

Letter grade.

PSY 6033 Career Development (3 Units)

A close look at career development theory, with emphasis on gender, family, and social/cultural issues that impact career choices. Techniques and assessment instruments that facilitate lifelong career development will be utilized.

Letter grade.

PSY 6045 Group Counseling (3 Units)

Theories and techniques of group therapy are studied as well as basic and advanced group interventions. Students learn the stages of group dynamics, the curative factors of group therapy, and various types of group treatment.

Letter grade.

PSY 6050 Psychological Testing and Assessment (3 Units)

This course provides students with the knowledge and skills necessary to administer, score, and interpret several assessment instruments. Students will be familiar with validity, reliability, and psychometric statistics.

Letter grade.

PSY 6058 Crisis and Trauma Counseling (3 Units)

An investigation into the history and development of crisis intervention and trauma response. Develops required skills to effectively intervene and assist victims of tragedy or abuse.

Letter grade.

PSY 6060 Human Sexuality (3 Units)

This course is a study of human sexuality and intimacy. Other areas of emphasis include gender issues, sexual disorders, sexual orientation, and sexual abuse.

Letter grade.

PSY 6065 Psychopharmacology (3 Units)

Examination of commonly prescribed psychopharmacological medications, as well as the identification of their effects and side effects.

Letter grade.

PSY 6075 Treatment of Substance Use Disorders (3 Units)

This course emphasizes evidence-based assessment and intervention skills in the treatment of addictions and compulsive behaviors, as well as co-occurring disorders. All facets of alcohol and substance abuse/dependency will be examined.
Letter grade.

PSY 6090 Research Methodology (3 Units)

This course is an in depth examination of various experimental designs, statistical procedures, conclusions, and limitations of research parameters. Emphasis will be placed on the theoretical and practical applications of research methods of psychotherapy.
Letter grade.

PSY 6093 Personal Therapy Requirement (0 Units)

Over the course of the program, MACC students are required to receive 20 sessions of personal psychotherapy from a clinician licensed in the state they reside. Students may not see an associate (AMFT/APCC/ACSW/Psychological Associate) or online subscription clinician (such as BetterHelp, Talkspace, etc). In-person or synchronous video sessions are acceptable. Students may complete this requirement in an individual, group, or couples setting. Students are required to complete 20 sessions of individual therapy (50-60 mins), 40 sessions of group/couples therapy (50-90 mins), or a combination of both. At least ten of the twenty sessions must be individual therapy.
Credit/No Credit.
This requirement must be completed prior to graduation.

PSY 6094 Pre-Practicum (0 Units)

Prior to practicum assignments in various approved counseling centers, hospitals, clinics, and social service agencies, all students are required to be observed as they counsel at least one client at the onsite counseling center. Digital recordings of therapy sessions will be utilized to improve therapeutic skills, promote self-awareness, and an understanding of how people change. Upon approval by the Director of Clinical Training, the student will then enroll in PSY 6095.
Credit/No Credit.

PSY 6095 Supervised Practicum I (2 Units)

Supervised therapy experience in applied psychotherapeutic techniques at an external agency. This course provides support, supervision, and consultation for students' training at their practicum site. A total of 700 hours, 300 of which are face-to-face direct service, must be accrued throughout the practicum course sequence. Students must be training at an approved site to be enrolled in this course.
Credit/No Credit.

Prerequisite(s): PSY 6011, PSY 6021, PSY 6025, PSY 6029, PSY 6045, PSY 6094

PSY 6096 Supervised Practicum II (2 Units)

Supervised therapy experience in applied psychotherapeutic techniques at an external agency. This course provides support, supervision, and consultation for students' training at their practicum site. A total of 700 hours, 300 of which are face-to-face direct service, must be accrued throughout the practicum course sequence. Students must be training at an approved site to be enrolled in this course.
Credit/No Credit.

Prerequisite(s): PSY 6095

PSY 6097 Supervised Practicum III (2 Units)

Supervised therapy experience in applied psychotherapeutic techniques at an external agency. This course provides support, supervision, and consultation for students' training at their practicum site. A total of 700 hours, 300 of which are face-to-face direct service, must be accrued throughout the practicum course sequence. Students must be training at an approved site to be enrolled in this course.
Credit/No Credit.
Prerequisite(s): PSY 6096

PSY 6098 (A,B,C) Practicum Extension (2 Units)

Students who complete the three required practicum courses before the end of the program can continue to earn counseling hours toward licensure by staying in practicum status while completing the program.
Credit/No Credit.

PSY 6099 Comprehensive Examination (0 Units)

As a final assessment of competency, each student must pass the Comprehensive Examination, a computerized mock license exam that reflects program coursework and obtained clinical knowledge. This examination is administered during PSY 6097.
Credit/No Credit.

Prerequisite(s): PSY 6095 and PSY 6096

Passing the Comprehensive Examination is required for graduation.

PSY 6194 Pre-Practicum (0 Units)

Prior to practicum assignments students will learn basic skills that are required in most placements (e.g., note-taking, treatment planning). Students will have the opportunity to receive formative feedback as they counsel a client using a simulated patient. Digital recordings of therapy sessions will be utilized to improve therapeutic skills, promote self-awareness, and an understanding of how people change. Upon approval by the Director of Clinical Training, the student will then enroll in PSY 6095. This class will prepare students for the Objective Simulated Clinical Exam.
Credit/No Credit.

Prerequisite(s): PSY 6011, PSY 6021, and PSY 6022

Fee: Course fee applies. See "Special Fees" in Financing a PLNU Education.

PSY 6195 Supervised Practicum I (2 Units)

Supervised therapy experience in applied psychotherapeutic techniques at an external agency. This course provides support, supervision, and consultation for students' training at their practicum site. A total of 700 hours, 300 of which are face-to-face direct service, must be accrued throughout the practicum course sequence. Students must be training at an approved site to be enrolled in this course.
Credit/No Credit.

Prerequisite(s): PSY 6009, PSY 6025, PSY 6026, PSY 6045, PSY 6058, PSY 6094, and successful completion of the Objective Simulated Clinical Exam.

PSY 6196 Supervised Practicum II (2 Units)

Supervised therapy experience in applied psychotherapeutic techniques at an external agency. This course provides support, supervision, and consultation for students' training at their practicum site. A total of 700 hours, 300 of which are face-to-face direct service, must be accrued throughout the practicum course sequence. Students must be training at an approved site to be enrolled in this course.
Meets in a synchronous modality. Credit/No Credit.

Prerequisite(s): PSY 6195

PSY 6197 Supervised Practicum III (2 Units)

Supervised therapy experience in applied psychotherapeutic techniques at an external agency. This course provides support, supervision, and consultation for students' training at their practicum site. A total of 700 hours, 300 of which are face-to-face direct service, must be accrued throughout the practicum course sequence. Students must be training at an approved site to be enrolled in this course.

Meets in a synchronous modality. Credit/No Credit.

Prerequisite(s): PSY 6196