# **KINESIOLOGY, M.S.**

## **Concentrations**

- · Biomechanics (p. 1)
- Clinical Exercise Physiology (p. 1)
- Sport Management Online Program (p. 1)
- Sports Science (p. 2)
- Strength and Conditioning (p. 2)

#### **Biomechanics Concentration**

| Code                                      | Title  | Units |
|---|--|-------|
| Core Courses                              |  |       |
| KIN 6000                                  | Foundations in Kinesiology   | 3     |
| KIN 6005                                  | Research Methods   | 3     |
| KIN 6010                                  | Evidence-Based Practice and Decision Making in Kinesiology                       | 3     |
| KIN 6060                                  | Directed Readings  | 1     |
| Choose one (1) co                         | ourse from the following:  | 3     |
| KIN 6026                                  | Sport and Exercise Nutrition for Peak Performance                                | e     |
| KIN 6045                                  | Loaded Movement Training   |       |
| KIN 6065                                  | Sport and Tactical Strength and Conditioning                                     |       |
| KIN 6070                                  | Advanced Programming for Strength and Conditioning                               |       |
| Choose one (1) co                         | ourse from the following:  | 2     |
| KIN 6050                                  | Research Project Seminar in Kinesiology (if choosing Capstone Project or Thesis) |       |
| KIN 6051                                  | Seminar in Kinesiology (if choosing Comprehensive Exam)                          |       |
| Choose one (1) course from the following: |  |       |
| KIN 6095                                  | Comprehensive Examination (+ one Elective) 1                                     |       |
| KIN 6098                                  | Capstone Project   |       |
| KIN 6099                                  | Thesis   |       |
| <b>Concentration Co</b>                   | urses  |       |
| KIN 6015                                  | Biomechanical and Neurological Basis of Human<br>Movement                        | 3     |
| KIN 6016                                  | Advanced Biomechanics  | 3     |
| KIN 6048                                  | Advanced Practice in Sport Science   | 3     |
| KIN 6088                                  | Internship or Practicum in Kinesiology   | 3     |
| Total Units                               |  | 30    |

Students taking the Comprehensive Examination are required to choose one (1) elective from the following: KIN 6026, KIN 6045, KIN 6065, or KIN 6070.

## **Clinical Exercise Physiology Concentration**

| Code         | litle  | Units |
|--------------|--|-------|
| Core Courses |  |       |
| KIN 6000     | Foundations in Kinesiology                                 | 3     |
| KIN 6005     | Research Methods   | 3     |
| KIN 6010     | Evidence-Based Practice and Decision Making in Kinesiology | 3     |
| KIN 6060     | Directed Readings  | 1     |
| KIN 6088     | Internship or Practicum in Kinesiology                     | 3     |
|              |  |       |

| Choose one (1) c      | ourse from the following:  | 2  |
|-----------------------|--|----|
| KIN 6050              | Research Project Seminar in Kinesiology (if choosing Capstone Project or Thesis) |    |
| KIN 6051              | Seminar in Kinesiology (if choosing Comprehensive Exam)                          |    |
| Choose one (1) c      | ourse from the following:  | 3  |
| KIN 6095              | Comprehensive Examination (+ one Elective) <sup>1</sup>                          |    |
| KIN 6098              | Capstone Project   |    |
| KIN 6099              | Thesis   |    |
| Concentration Courses |  |    |
| KIN 6036              | Clinical Exercise Testing and Interpretation                                     | 3  |
| KIN 6046              | Clinical Exercise Physiology and Metabolism                                      | 3  |
| KIN 6056              | Clinical Exercise Prescription   | 3  |
| KIN 6066              | ECG and Interpretation   | 3  |
| KIN 6076              | Behavioral Change Theory and Practice  | 3  |
| Total Units           |  | 33 |

Students taking the Comprehensive Examination are required to choose one (1) elective from the following: KIN 6015, KIN 6026, KIN 6045, or KIN 6070.

#### **Sport Management Online Program Concentration**

| Sport Manage            | ment online Program Concentration                                  |      |
|-------------------------|--|------|
| Code                    | Title U  | nits |
| <b>Required Courses</b> |  |      |
| KIN 6000                | Foundations in Kinesiology   | 3    |
| KIN 6009                | Operations Management in Sport                                     | 3    |
| KIN 6011                | Managing Personnel, Facilities, and Events in Sports               | 3    |
| KIN 6020                | Marketing, Promotion, and Public Relations in Sports               | 3    |
| KIN 6030                | Leadership in Sports   | 3    |
| KIN 6040                | Finance and Economics of Sports                                    | 3    |
| KIN 6051                | Seminar in Kinesiology   | 2    |
| KIN 6060                | Directed Readings  | 1    |
| Culminating Expen       | rience <sup>1,2</sup>  | 3    |
| Choose one (1) co       | urse from the following:   |      |
| KIN 6095                | Comprehensive Examination (+ one Elective) <sup>3</sup>            |      |
| KIN 6098                | Capstone Project   |      |
| KIN 6099                | Thesis   |      |
| Elective Courses 3      |  | 6-9  |
| BUS 6010                | Organizational Behavior  |      |
| BUS 6035                | Global Business and Leadership                                     |      |
| BUS 6067                | Agile Project Management   |      |
| KIN 6010                | Evidence-Based Practice and Decision Making in Kinesiology         |      |
| KIN 6025                | Special Topics in Health, Well-Being, Exercise, and Sports Science |      |
| KIN 6026                | Sport and Exercise Nutrition for Peak Performance                  |      |
| KIN 6065                | Sport and Tactical Strength and Conditioning                       |      |
| KIN 6067                | Disruptive Health Technologies                                     |      |
| KIN 6088                | Internship or Practicum in Kinesiology                             |      |
| WEL 6068                | Wellness Entrepreneurship  |      |
| Total Units             | 30   | )-33 |

A minimum of six (6) units required if choosing Capstone Project or Thesis.

A minimum of nine (9) units required if choosing Comprehensive Exam.

### **Sports Science Concentration**

| Code            | Title  | Units |
|-----------------|--|-------|
| Core Courses    |  |       |
| KIN 6000        | Foundations in Kinesiology   | 3     |
| KIN 6005        | Research Methods   | 3     |
| KIN 6010        | Evidence-Based Practice and Decision Making in Kinesiology                       | 3     |
| KIN 6060        | Directed Readings  | 1     |
| Choose one (1)  | course from the following:   | 3     |
| KIN 6015        | Biomechanical and Neurological Basis of Human<br>Movement                        |       |
| KIN 6045        | Loaded Movement Training   |       |
| Choose one (1)  | course from the following:   | 2     |
| KIN 6050        | Research Project Seminar in Kinesiology (if choosing Capstone Project or Thesis) |       |
| KIN 6051        | Seminar in Kinesiology (if choosing Comprehensive Exam)                          |       |
| Choose one (1)  | course from the following:   | 3     |
| KIN 6095        | Comprehensive Examination (+ one Elective) <sup>1</sup>                          |       |
| KIN 6098        | Capstone Project   |       |
| KIN 6099        | Thesis   |       |
| Concentration C | Courses  |       |
| KIN 6026        | Sport and Exercise Nutrition for Peak Performance                                | e 3   |
| KIN 6044        | Foundations of Coaching and Testing in Sports Performance                        | 3     |
| KIN 6070        | Advanced Programming for Strength and Conditioning                               | 3     |
| KIN 6088        | Internship or Practicum in Kinesiology   | 3     |
| Total Units     |  | 30    |

Students taking the Comprehensive Examination are required to choose one (1) elective from the following: KIN 6015, KIN 6026, KIN 6045, or KIN 6070.

## **Strength and Conditioning Concentration**

| Code              | Title  | Units |
|-------------------|--|-------|
| Core Courses      |  |       |
| KIN 6000          | Foundations in Kinesiology   | 3     |
| KIN 6005          | Research Methods   | 3     |
| KIN 6010          | Evidence-Based Practice and Decision Making in Kinesiology                       | 3     |
| KIN 6060          | Directed Readings  | 1     |
| KIN 6088          | Internship or Practicum in Kinesiology   | 3     |
| Choose one (1) co | ourse from the following:  | 2     |
| KIN 6050          | Research Project Seminar in Kinesiology (if choosing Capstone Project or Thesis) |       |

| KIN 6051              | Seminar in Kinesiology (if choosing Comprehensive Exam)             |    |
|-----------------------|---|----|
| Choose one (1) co     | ourse from the following:   | 3  |
| KIN 6095              | Comprehensive Examination (+ one Elective) 1                        |    |
| KIN 6098              | Capstone Project  |    |
| KIN 6099              | Thesis  |    |
| Concentration Courses |   |    |
| KIN 6026              | Sport and Exercise Nutrition for Peak Performance                   | 3  |
| KIN 6044              | Foundations of Coaching and Testing in Sports<br>Performance        | 3  |
| KIN 6065              | Sport and Tactical Strength and Conditioning (or Approved Elective) | 3  |
| KIN 6070              | Advanced Programming for Strength and Conditioning                  | 3  |
| Total Units           |   | 30 |

Students taking the Comprehensive Examination are required to choose one (1) elective from the following: ANA 6002, KIN 6015, KIN 6016, KIN 6030, or KIN 6045.

Students taking the Comprehensive Examination are required to choose one (1) elective from the following: KIN 6010, KIN 6025, KIN 6026, or other approved GED/SOE or BUS/LDR course.