

# KINESIOLOGY, M.S.

## Concentrations

- Exercise Science (p. 1)
- Integrative Wellness Online Program (p. 1)
- Sport Management Online Program (p. 1)
- Sport Performance (p. 2)

### Exercise Science Concentration

Code	Title	Units
<b>Core Courses</b>		
KIN 6000	Foundations in Kinesiology	3
KIN 6005	Research Methods	3
KIN 6010	Evidence-Based Practice and Decision Making in Kinesiology	3
KIN 6060	Directed Readings	1
KIN 6088	Internship or Practicum in Kinesiology (or Approved Elective)	1-3
Choose one (1) course from the following:		2
KIN 6050	Research Project Seminar in Kinesiology (if choosing Thesis or Capstone Project)	
KIN 6051	Seminar in Kinesiology (if choosing Comprehensive Exam)	
Choose one (1) course from the following:		0-3
KIN 6095	Comprehensive Examination	
KIN 6098	Capstone Project	
KIN 6099	Thesis	
<b>Concentration Courses</b>		
KIN 6025	Special Topics in Health, Well-Being, Exercise, and Sports Science	3
KIN 6036	Clinical Exercise Testing and Interpretation	3
KIN 6046	Clinical Exercise Physiology and Metabolism	3
KIN 6056	Clinical Exercise Prescription	3
<b>Total Units</b>		<b>25-30</b>

### Integrative Wellness Online Program Concentration

Code	Title	Units
<b>Required Courses</b>		
KIN 6007	Research Methods and Statistics for Health Professionals	3
KIN 6010	Evidence-Based Practice and Decision Making in Kinesiology	3
KIN 6017	Lifestyle Medicine and Integrative Health	3
KIN 6027	Behavior Change Models, Methods, and Theories	3
KIN 6037	Exercise and Nutrition for Health and Healing	3
KIN 6047	Integrative Health and Wellness Coaching	3
KIN 6077	Advanced Health and Wellness Coaching	1
KIN 6087	Mind-Body Medicine	3
KIN 6096	Lifestyle Medicine Board Review	0
<b>Elective Courses</b> <sup>1,2</sup>		<b>3-6</b>
KIN 6019	Health Equity and Social Justice	
KIN 6025	Special Topics in Health, Well-Being, Exercise, and Sports Science	

KIN 6026	Sport and Exercise Nutrition for Peak Performance
KIN 6051	Seminar in Kinesiology
KIN 6056	Clinical Exercise Prescription
KIN 6057	Wellness Entrepreneurship
KIN 6088	Internship or Practicum in Kinesiology
<b>Culminating Experience</b>	<b>2-5</b>
Choose one (1) of the following:	
<i>Research Project</i>	
KIN 6050	Research Project Seminar in Kinesiology
KIN 6098	Capstone Project
<i>Applied Project</i>	
KIN 6097	Applied Project in Integrative Wellness
<b>Total Units</b>	<b>27-33</b>

<sup>1</sup> A minimum of three (3) units required if choosing Research Project for the Culminating Experience.

<sup>2</sup> A minimum of six (6) units required if choosing Applied Project for the Culminating Experience.

### Sport Management Online Program Concentration

Code	Title	Units
Required Courses		
KIN 6000	Foundations in Kinesiology	3
KIN 6011	Managing Personnel, Facilities, and Events in Sports	3
KIN 6020	Marketing, Promotion, and Public Relations in Sports	3
KIN 6025	Special Topics in Health, Well-Being, Exercise, and Sports Science	3
KIN 6030	Leadership in Sports	3
KIN 6040	Finance and Economics of Sports	3
KIN 6051	Seminar in Kinesiology	2
KIN 6060	Directed Readings	1
Elective Courses <sup>1,2</sup>		6-9
BUS 6010	Organizational Behavior	
BUS 6035	International Business	
BUS 6067	Project Management and Communications	
KIN 6010	Evidence-Based Practice and Decision Making in Kinesiology	
KIN 6025	Special Topics in Health, Well-Being, Exercise, and Sports Science	
KIN 6057	Wellness Entrepreneurship	
KIN 6065	Sport and Tactical Strength and Conditioning	
KIN 6067	Disruptive Health Technologies	
KIN 6088	Internship or Practicum in Kinesiology	
LDR 6021	Strategic Leadership	
Culminating Experience		3
Choose one (1) course from the following:		
KIN 6095	Comprehensive Examination (+ Elective)	
KIN 6098	Capstone Project	
Total Units		30-33

<sup>1</sup> A minimum of six (6) units required if choosing Capstone Project.

<sup>2</sup> A minimum of nine (9) units required if choosing Comprehensive Exam.

## Sport Performance Concentration

Code	Title	Units
<b>Core Courses</b>		
KIN 6000	Foundations in Kinesiology	3
KIN 6005	Research Methods	3
KIN 6010	Evidence-Based Practice and Decision Making in Kinesiology	3
KIN 6060	Directed Readings	1
KIN 6088	Internship or Practicum in Kinesiology (or Approved Elective)	1-3
Choose one (1) course from the following:		2
KIN 6050	Research Project Seminar in Kinesiology (if choosing Thesis or Capstone Project)	
KIN 6051	Seminar in Kinesiology (if choosing Comprehensive Exam)	
Choose one (1) course from the following:		0-3
KIN 6095	Comprehensive Examination	
KIN 6098	Capstone Project	
KIN 6099	Thesis	
<b>Concentration Courses</b>		
ANA 6002	Gross Anatomy of the Musculoskeletal System (or Approved Elective)	3
KIN 6015	Biomechanical and Neurological Basis of Human Movement	3
KIN 6035	Advanced Practice in Movement Interventions and Corrective Exercise	3
KIN 6065	Sport and Tactical Strength and Conditioning (or Approved Elective)	3
<b>Total Units</b>		<b>25-30</b>