## **SSC - STUDENT SUCCESS**

## SSC 2061 Student Success: Time Management and Healthy Habits (1 Unit)

This course is designed to provide information, techniques, and strategies that engage and equip students with time management skills and lifestyle habits that affect efficiency. Throughout the course, students will identify goals, set priorities, develop strategies to promote self-management and identify ways to improve lifestyle choices. As an online course, the modules will provide weekly instructions, student discussions, and weekly reflections. For a better understanding of topics, students will complete activities related to application assignments and post on Canvas. This course is focused on supporting students' success. Letter grade.

## SSC 2062 Student Success: Learning and Study Strategies (1 Unit)

This course focuses on providing information, techniques, and strategies that engage and equip students who are aiming to improve their learning. This course invites students to explore learning in a reflective and collaborative classroom environment. Through the course, students will improve their metacognition and gain applicable strategies that will promote effective study habits, motivation, and attainment of academic goals.

Letter grade.

SSC 2064 Student Success: Career Readiness and Exploration (1 Unit)

This is an engaging and transformative course designed to empower students in their pursuit of a meaningful and successful professional life. Through a comprehensive curriculum, students will explore and define their professional identities, learning the art of career conversations and networking to forge valuable connections. With a focus on practical skills such as resume and cover letter development, job search strategies, and interview preparation, this course prepares students to launch confidently into their chosen careers.

Letter grade.