

APY - APPLIED PSYCHOLOGY

APY 1000 Applied Psychology and You (3 Units)

Explore the fundamental principles of applied psychology and their relevance to everyday life. This course introduces students to the core concepts, theories, and methods of applied psychology, emphasizing the practical application of psychological knowledge in personal and professional contexts. Topics include self-awareness, emotional intelligence, and strategies for enhancing well-being.
Letter grade.

APY 2000 Cultural Psychology (3 Units)

Investigate the role of culture in shaping human behavior and psychological processes. This course explores cultural influences on cognition, emotion, and behavior, emphasizing the importance of cultural humility and cultural competence in applied psychology.
Letter grade.

APY 2010 Human Growth and Flourishing (GE) (3 Units)

Explore the lifespan perspective of human development, emphasizing the psychological aspects of growth and flourishing across the full range of ages and stages. This course will cover topics such as cognitive, emotional, and social development, with a focus on fostering well-being and resilience in individuals. Students will examine the psychological foundations of resilience and its development, explore strategies for its cultivation, and analyze real-world examples of individuals and communities thriving in the face of adversity.
Letter grade.

APY 2020 Mental Health and Society (3 Units)

Examine practical and applied approaches to mental health advocacy and support, focusing on topics such as empathy, stigma reduction, and humility. This course integrates scholarly and Christian perspectives on mental health and well-being and emphasizes the role of non-therapeutic approaches in supporting individuals who are facing mental health challenges.
Letter grade.

APY 2030 Judgment and Decision Making (3 Units)

Examine the cognitive processes underlying human decision-making and judgment. This course explores factors that influence decision outcomes, including biases, heuristics, and the role of emotions. Students will develop critical thinking skills and an understanding of how psychological principles can be applied to improve decision-making in various contexts.
Letter grade.

APY 3000 Motivation and Emotion (3 Units)

Delve into the study of motivation and emotion, exploring the psychological factors that drive human behavior and influence emotional experiences. This course provides insights into the dynamics of motivation and emotion, applicable in both personal and professional contexts.
Letter grade.

Pre or Corequisite(s): Any lower-division APY course.

APY 3010 Survey Research and User Experience Design (3 Units)

Learn the principles of survey research methodologies alongside user experience design. This course integrates psychological concepts with survey design and user-focused approaches to enhance the understanding of user needs and experiences.
Letter grade.

Pre or Corequisite(s): Any lower-division APY course.

APY 3020 Data Analysis and Visualization (3 Units)

Integrate psychological inquiry with data analysis techniques and visualization tools. This course equips students with the skills to analyze and interpret complex datasets, emphasizing the visualization of psychological data for meaningful insights and decision-making.
Letter grade.

Pre or Corequisite(s): Any lower-division APY course.

APY 3030 Industrial-Organizational Psychology (3 Units)

Explore the psychological dynamics of organizations, focusing on topics such as organizational behavior, leadership, and workplace dynamics. This course equips students with insights into understanding and enhancing psychological well-being and effectiveness of individuals and groups within organizational settings.
Letter grade.

Pre or Corequisite(s): Any lower-division APY course.

APY 3040 Media Psychology (3 Units)

Explore the dynamic interaction between individuals and various forms of media, investigating how psychological principles influence and are influenced by media consumption. This course provides students with a comprehensive understanding of the psychological processes underlying media effects, media creation, and the impact of media on individuals and society. Grounded in the context of applied psychology, students will analyze the role of media in shaping attitudes, behaviors, and perceptions while considering ethical implications and societal well-being.
Letter grade.

Pre or Corequisite(s): Any lower-division APY course.

APY 4000 Ethics and Professionalism in Applied Psychology (3 Units)

Explore the ethical principles and professional standards guiding the practice of applied psychology. This course will examine ethical dilemmas in various applied settings, emphasizing the importance of integrity, responsibility, and ethical decision-making in the field of psychology. Students will explore the integration of ethical considerations with Christian principles in the practice of psychology.
Letter grade.

Pre or Corequisite(s): Any lower-division APY course.

APY 4010 The Psychology of Justice and Peace (3 Units)

Examine the psychological foundations of justice, conflict resolution, and peacebuilding. This course explores theories of justice, the psychology of conflict, and strategies for promoting peace at individual, community, and societal levels.
Letter grade.

Pre or Corequisite(s): Any lower-division APY course.

APY 4020 The Psychology of Religious Experience (3 Units)

Explore the psychological dimensions of religious beliefs, practices, and experiences. This course delves into the intricate interplay between psychology and spirituality, examining how faith influences individuals' thoughts, emotions, behaviors, and overall well-being. Grounded in the Christian worldview, the course investigates the psychological underpinnings of religious experiences within the broader context of applied psychology.
Letter grade.

Pre or Corequisite(s): Any lower-division APY course.

APY 4030 Contributing to Society (Service Learning Capstone) (3 Units)

Culminate your applied psychology education by applying your knowledge and skills to real-world issues. Engage in a service-learning experience that allows you to contribute to the well-being of communities or organizations. This capstone course integrates academic learning with practical application, emphasizing the role of psychology in creating positive social change. Students will reflect on their experiences and demonstrate the application of psychological principles in addressing societal challenges.

Letter grade.

Prerequisite(s): Senior standing.